

# World Week Participant's Guide - Page 1

## Introduction:

When you watch the news at night, do you feel helpless and discouraged at the pain, suffering and injustice that flood the world? When you hear that one in six people are malnourished, more than 24,000 children a day die of preventable diseases and over 14,000 people contracted HIV every day, does it make you wonder how these problems grew to such proportions? Do you wish you could make a difference? Do you wonder if you even can? World Week can help you discover some answers to those questions and find practical ways to help.

## Setting Goals:

No one can solve all the world's problems. But you can begin to understand the issues around you and develop a positive worldview about them. You can make lifestyle choices that encourage justice and peace and health for everyone; you can be a good steward of the environment; and you can reach out to others by raising donations for a charity as a central part of your World Week experience.

Helping a charity through your World Week activity is a great way to be a source of hope and help for people in need. You can assist children, their families and their communities in a big way by encouraging participants to raise money for a donation.

Before your World Week event, take a minute to think about how you expect to grow through the experience and be open to changes in your thinking and lifestyle. Think about how you can use what you discover to serve others. Consider ways you and your group can spur people in your community to service and awareness of important global issues.

Your group leader can provide you with the following helpful tool:

## World Week Flyer:

The flyer "What Is World Week?" answers basic questions about World Week. Your group leader can also provide information about the specific World Week activities your group is planning.

If you have questions about World Week, visit the World Week web site at [http://www.worldweek.org/world\\_week/](http://www.worldweek.org/world_week/) or send an email at [http://www.worldweek.ca/world\\_week/form.html](http://www.worldweek.ca/world_week/form.html).